



# Warwick Boat Club

## Rowing Section Rules (Updated August 2020)

The following rules have been laid out for the safety of all persons using the WBC Rowing Section facilities, and the smooth running of the section. Anyone breaking these rules risks suitable sanctions as determined by the Rowing Captain and approved by the Rowing Section Committee. Such sanctions shall include, but not be limited to, removal of the rights to use equipment, withdrawal of crews from events, and expulsion from the section.

### General

- While taking part in any activity at Warwick each member is responsible for the safety of themselves and the equipment they are using.
- While using equipment belonging to the Rowing Section every member is responsible for ensuring compliance with British Rowing's 'Row Safe: A Guide to Good Practice in Rowing'.
- Row Safe mandates that pre-outing safety checks on equipment and personal risk assessments be carried out by all participants prior to commencement of an activity.
- Members must observe any guidance issued by the Water Safety Adviser.
- Any incident or near miss involving (likely) injury or damage must be recorded immediately using the British Rowing online incident reporting facility.
- Any new member that has not rowed/sculled previously must successfully complete a learn-to-row course before joining the rowing section of Warwick Boat Club.
- Anyone who goes out in a club boat must have completed a rowing membership form and confirmed their ability to swim 50m in light clothing, be competent underwater, in treading water and in swimming on front and back.
- Lifejackets must be used by all coxes while afloat.
- With the exception of organised nose-to-tail and side-by-side sessions a maximum of 8 boats are allowed on the river at any one time.

### Equipment

- It is the responsibility of every member of the section to handle equipment safely and reduce the danger of damage wherever possible.
- Any damage to equipment, however slight, must be recorded in the damage book located in the cox-box cupboard and reported to the Rowing Captain and Boatman.
- Where damage occurs that makes the equipment unsafe to use, a suitable notice shall be displayed on the equipment concerned.
- A person's eligibility to use a specific boat shall be determined using the Boat Usage Rules issued from time to time by the Rowing Section Committee unless specific permission has been sought from and granted by the Rowing Captain. Any permission so given shall lapse at the date of the following AGM.
- The eight, coxless fours and coxless quads shall only be used by prior authorisation of the Rowing Captain. Any permission so given shall lapse at the date of the following AGM.
- The eight may only be coxed by an experienced cox approved by the Rowing Captain and shall not be used upstream of Charter Bridge.
- The Boatman/Rowing Captain shall be responsible for determining the settings of riggers and blades on each boat. Members shall not make unauthorised changes or adjustments.
- Changes to rigging on club boats and blades may only be made with the express permission of the Boatman or Rowing Captain.
- Blades, boats and riggers are all colour coded. The blades specified for a given boat are the only club blades that should be used with that boat.
- Normal shoes must be removed before getting into any club boat.

- Private shoes may only be fitted into boats with the express permission of the Rowing Captain and must be mounted onto a spare footplate.
  - All equipment must be wiped down and returned to its allocated place in the boathouse immediately after use.
  - Members are expected to attend regular boat and river maintenance days to assist with boat repairs and general housekeeping tasks.
- The launch may only be used by prior authorisation of the Rowing Captain. All launch drivers must be RYA2 qualified.

### Rowing sessions, river slots and booking

	Max no of boats on the water	Circulation pattern	Additional restrictions
<b>Normal session</b>	8 boats	<ul style="list-style-type: none"> <li>• Boats travelling generally on the right hand side of the river.</li> </ul>	<ul style="list-style-type: none"> <li>• There are no boating /un-boating restrictions.</li> <li>• Neither the eight, coxless four or coxless quad may be used during the session</li> </ul>
<b>Saturday 0800-0930 session:</b>	8 boats	<ul style="list-style-type: none"> <li>• Boats travelling generally on the right hand side of the river.</li> </ul>	<ul style="list-style-type: none"> <li>• There are no boating /un-boating restrictions.</li> <li>• One coxless four or coxless quad may be used with an approved steersperson. The boat must remain below Charter Bridge and not do firm pressure pieces</li> </ul>
<b>Side-by-side session:</b>	No limit	<ul style="list-style-type: none"> <li>• Boats move as a batch between flag-pole and Sailing Club.</li> <li>• Side-by-side racing of pairs of crews is permitted down-stream only.</li> <li>• Crews must ensure that they start at sufficient intervals to prevent races overlapping.</li> </ul>	<ul style="list-style-type: none"> <li>• Crews must not boat / un-boat in the middle of the session except by joining / leaving the procession from flag-pole to Sailing Club.</li> <li>• Crews joining / leaving a session must make their intentions abundantly clear to the other participants.</li> <li>• The No Boating sign must be displayed.</li> <li>• Crews must move efficiently at all times so as not to hold up the session in any way.</li> </ul>
<b>Nose-to-tail session</b>	No limit	<ul style="list-style-type: none"> <li>• Boats move as a batch between flag-pole and agreed point up-river.</li> </ul>	<ul style="list-style-type: none"> <li>• Crews must not boat / un-boat in the middle of the session except by joining / leaving the procession</li> <li>• Nose-to-tail racing is permitted downstream and overtaking may take place provided that it is safe to do so.</li> <li>• Crews joining / leaving a session must make their intentions abundantly clear to the other participants.</li> <li>• The No Boating sign must be displayed.</li> <li>• Crews must move efficiently at all times so as not to hold up the session in any way.</li> </ul>
<b>Reserved session</b>	No limit		<ul style="list-style-type: none"> <li>• A crew may 'block book' the river for a reserved session during daylight outside the normal Peak hours, provided that they are first crew booking for that time.</li> <li>• The Nose-to-tail session restrictions and circulation pattern apply if more than one boat is taking part.</li> <li>• Other crews may book in advance to join the reserved session but may not join in on spec.</li> <li>• The No Boating sign must be displayed.</li> </ul>

	<b>Weekday</b>	<b>Weekend</b>
<b>Peak hours</b>	18:00 to 21:00	Sat 08:00 to 11:00 Sun 08:00 to 11:00
<b>Junior priority hours</b>	14:00 to 18:00	Sat 12:30 to 16:00 Sun 14:00 to 16:30

- The Rowing Captain will publish the timetable of regular sessions according to the above table both in electronic form and on Section noticeboards.
- The Rowing Captain will give at least 7 days' notice of any changes in the type of sessions taking place during peak hours.
- Boats and river slots may be booked on Clubspark up to 7 days in advance.
- Bookings must be aligned with the recognised water session timings (do not book across sessions)
- Bookings not taken up within 15 minutes of the start time are void.

### **River etiquette at Warwick**

- Boats should be launched and landed using the landing stage provided, and with bows pointing upstream.
- Boats should generally travel on the right hand side of the river. However, the best course should be chosen in any given situation.
- Crews waiting to return to the landing stage should wait on the right hand side of the river with their bows pointing upstream, and should only cross when the landing stage is clear.
- It is the responsibility of any crew leaving or returning to the landing stage to ensure that the river is clear before crossing.
- All crews should be aware of the potential presence of pleasure boats, canoes, scouts etc on the river, and should plan their outing to maintain the safety of themselves, their equipment and other river users. Do not expect any other river user to get out of your way simply because you are doing a particular piece of work!
- All section members will be courteous to all members of the public under all circumstances.
- Crew details and outing times must be written on the whiteboard on the main boathouse door before boating.

### **Night Rowing**

The following rules apply when rowing after dark:

- No night rowing may take place when the water level has risen above the lower concrete step.
- Only two crews are allowed on the river at any one time.
- Novices\* may only go out in coxed boats and must have the express permission of the Rowing Captain/Captain of Boats.
- No boat is to go above Charter Bridge.
- Only experienced coxes may cox.
- If two boats are on the water both boats must travel up and down the river in procession.
- Boats must be fitted with navigation lights; white at bow and red at stern (these must be lit).
- No outings are permitted by the 80 at night.
- Lone sculling is not permitted at night.
- Light coloured clothing should be worn
- Junior athletes and junior coxes are not permitted on the river after dark.

\*Novice = rower or sculler that has not yet won a non-primary event in the appropriate discipline at an official British Rowing regatta or head.

## River Levels

Water Level	Daytime	Night time
<b>Below the lower concrete step</b>	<ul style="list-style-type: none"><li>· No restrictions</li></ul>	<ul style="list-style-type: none"><li>· Novices* may only go out in coxed boats and must have the express permission of the Rowing Captain/Captain of Boats.</li><li>· Junior athletes &amp; junior coxes not permitted on the river</li><li>· Use of the 80 is not permitted</li></ul>
<b>Above the lower concrete step</b>	<ul style="list-style-type: none"><li>· Novice* crews may only go out if they are experienced and using a coxed boat.</li><li>· Use of the eight is not permitted</li><li>· Junior athletes &amp; junior coxes not permitted on the river</li></ul>	<ul style="list-style-type: none"><li>· No rowing/sculling</li></ul>
<b>Above the upper concrete step</b>	<ul style="list-style-type: none"><li>· No boats allowed on the water</li></ul>	<ul style="list-style-type: none"><li>· No boats allowed on the water</li></ul>

\*Novice = rower or sculler that has not yet won a non-primary event in the appropriate discipline at an official British Rowing regatta or head.

## Visibility

- No boating shall take place if the flagpole cannot be seen from the boathouse. If visibility is limited then yellow hi-viz jackets located in the boathouse should be worn and boats fitted with navigation lights

## Racing & training off site

- All race entries are at the discretion of the Rowing Captain.
- The Rowing Captain shall publish, from time to time, a list of events to which it is planned that the club shall attend. Transport for these events will be arranged by the Rowing Captain or his/her representative subject to there being sufficient entries.
- Entries for all events must be submitted by email to the Section's entries secretary no later than the published date. Entry fees and any associated trailer fees all events must be paid into the Section account in advance of the event.
- Crews wishing to scratch from an event must gain the permission of the Rowing Captain in the first instance.
- For club events, all members who have entered are required to attend both boat loading and unloading. Failure to attend may result in that crew's boat not being loaded, and the crew being withdrawn from the event.
- Events not included on the list of club events may be attended by crews provided that the express permission of the Rowing Captain has been given before the entry has been submitted. Transport arrangements must be made by the crew concerned and must be approved in advance by the Rowing Captain.
- Any crew wishing to take a boat off site for any purpose other than attending a Club Event must obtain permission from the rowing Captain in advance
- Any club boat taken off site must be booked out on ClubSpark.
- All racing crews must wear matching club kit in line with British Rowing Rules of Racing.

## **Juniors**

- A “Junior” shall refer to those members under the age of 18. “J15”, “J16” etc shall be as defined in the British Rowing Rules of Racing. The minimum age for junior athletes at WBC is J14 (ie at least 13 year of age on the 1st September of the year they join)
- Those younger than J14 may join as junior coxing members only with the express permission of the Rowing Captain
- Junior athletes must successfully complete an organised learn-to-row course before joining the junior section.
- Junior athletes and junior coxes must either successfully complete a capsized drill and demonstrate that they can swim 50m in light clothing or wear a suitable buoyancy aid before taking part in water based activities.
- Junior athletes and junior coxes must submit a completed parental consent form and thereafter inform the head Junior Coach, Junior Coordinator or membership secretary of any changes to the information provided.
- Junior athletes, junior coxes and their parents are required to sign up to the Junior Section’s Code of Conduct and Disciplinary Procedures. Bad behaviour will not be tolerated.
- With the exception of coxing junior activities may only take place under supervision of one of the Section’s recognised Junior Coaches and only during dedicated junior squad sessions.
- Experienced junior athletes may be allowed on the water outside recognised junior sessions under the supervision of a parent/guardian or junior coach by prior arrangement between the Head Junior Coach and the Rowing Captain.
- Junior athletes and junior coxes are not permitted on the river after dark.
- Junior athletes and junior coxes are not permitted on the river when the water is above the lower concrete step.
- When representing the Club at racing events, junior athletes and junior coxes must have specific parental consent and adequate supervision throughout the event by a responsible adult designated by that parent.
- Adult crews with junior coxes are restricted to the Sat 9.30 slot unless the junior in question has been given permission by the Rowing Captain to cox at other times and their parent/guardian is fully aware of all arrangements.

## **Guests**

- Each member is entitled to bring a guest to the club up to six times per year.
- The guest must have rowed or sculled previously and the member must seek permission from the rowing captain in advance of the visit.
- The member must add the guest to their ClubSpark booking and pay the appropriate visitor fee prior to using any club equipment.
- Guest outings should take place outside peak time sessions
- A visitor is required to complete a rowing membership form ticking the ‘visitor’ box prior to using any club equipment.
- It is the responsibility of the club member to ensure that their visitor complies with the section’s and club’s rules at all times.
- As an exception the Rowing Committee may from time to time allow a member to bring a guest that hasn’t rowed or sculled before for a one-off taster session.